



The Center for Multicultural Health launched its online course, Multicultural Health 101 for UDOH New Employees. This course provides an introduction to racial and ethnic health disparities, public health efforts to eliminate these disparities in Utah, and tips for effective communication between cultures. Interactive features include video scenarios, narration, click-and-see activities, Internet links, and a quiz.

To register for this course, you will need to create an account on U-TRAIN. Registering on the U-TRAIN system will allow you access to additional training events in your region, the State, and the Nation on the premier learning resource for professionals who protect the public's health. Your

U-TRAIN account will also provide you with a training transcript of all the courses you have completed.

To create your account:

1. Go to **www.utah.train.org**
2. Select **Create Account**
3. Enter your account information. Select a login name and password that you will remember easily.
4. State or local agency employees select your agency and division (Select **Other** if none apply). Then select a statewide group that applies to you (choose **NA** or **Other** if no groups apply).
5. Complete the Following
 - a. Professional Roles (up to 3)
 - b. Work Settings
 - c. Demographic Information (Optional)

To register for a course:

Course name: Multicultural Health 101 for UDOH New Employees. Course ID number: 1010480

1. Log in to your account on UTRAIN at **www.utah.train.org**
2. Your course may appear in the announcements section – if so, follow the link provided.
3. Enter ID number 1010480 in the “Search By Course ID” tab on the right side of the main screen and click “Go”.
4. Or, click on the “Course Search” tab near the top of the screen. Choose the search option you would like to search by. If you know the course name, click on the “Search” icon. In the “Keyword” space provided, enter the Course Title “Multicultural Health 101 for UDOH New Employees” and click on the “Search” button.

If you have any questions please call the U-TRAIN helpline at 801-538-9057.